

**MUST/RESOLV Gender and Science Meeting 2019** 

## The initiation of unconscious bias training at research institutes Dr. Nadine Afram





The National Centres of Competence in Research (NCCR) are a research instrument of the Swiss National Science Foundation

Unconscious bias



background

personal experience



familiar/ unfamiliar

almost instantaneous decision

# We all use categories (or stereotypes)—of people, places, things—to make sense of the world around us. "Our ability to categorise and evaluate is an important part of human

intelligence. Without it, we couldn't survive." (M.R. Banaji)





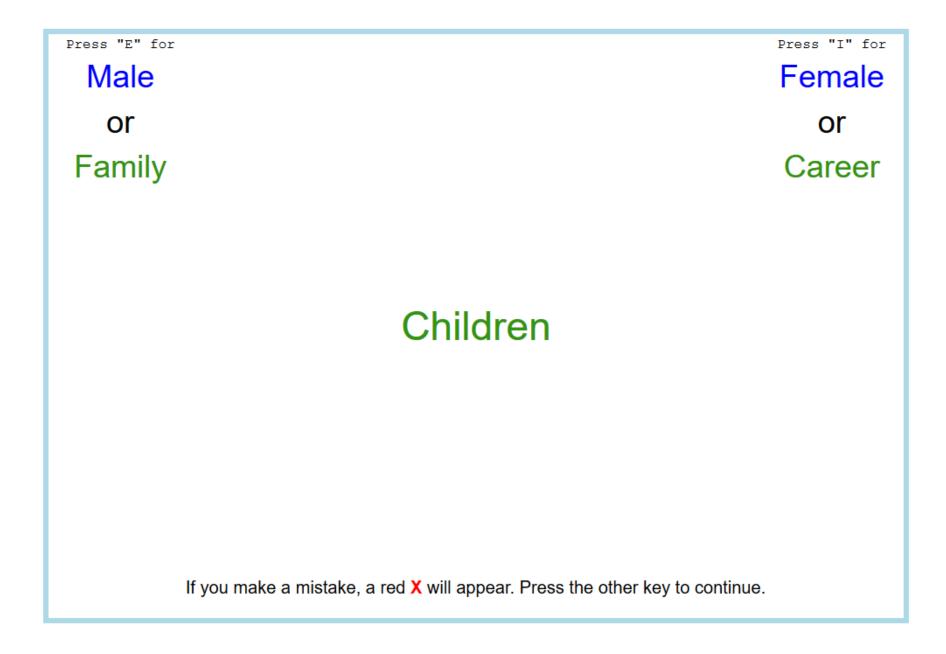
Decisions that need rational thinking are often wrong.

### If 5 machines need 5 minutes to produce 5 things, how much time do 100 machines need to produce 100 things?

Harvard Implicit Bias Test (Project Implicit)

<u>https://implicit.harvard.edu/impli</u> <u>cit/education.html</u>

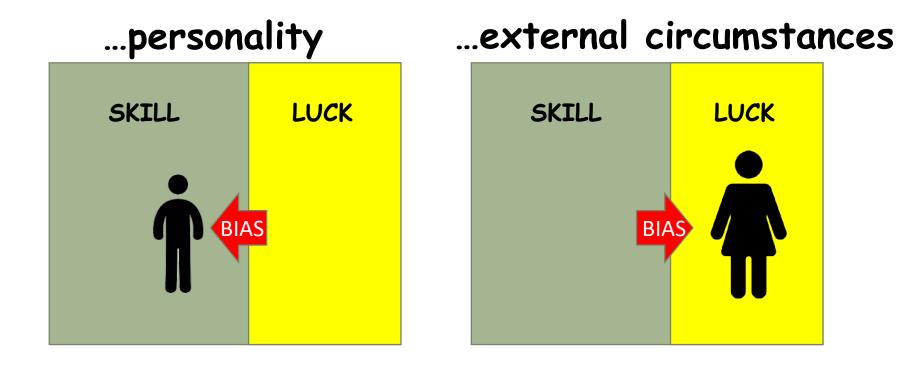
Gender-Career IAT	<i>Gender - Career</i> . This IAT often reveals a relative link between family and females and between career and males.	
Native IAT	<i>Native American</i> ('Native - White American' IAT). This IAT requires the ability to recognize White and Native American faces in either classic or modern dress, and the names of places that are either American or Foreign in origin.	
Weight IAT	<i>Weight</i> ('Fat - Thin' IAT). This IAT requires the ability to distinguish faces of people who are obese and people who are thin. It often reveals an automatic preference for thin people relative to fat people.	
Race IAT	<i>Race</i> ('Black - White' IAT). This IAT requires the ability to distinguish faces of European and African origin. It indicates that most Americans have an automatic preference for white over black.	
Religion IAT	<i>Religion</i> ('Religions' IAT). This IAT requires some familiarity with religious terms from various world religions.	
Presidents IAT	<i>Presidents</i> ('Presidential Popularity' IAT). This IAT requires the ability to recognize photos of Donald Trump and one or more previous presidents.	
Weapons IAT	<i>Weapons</i> ('Weapons - Harmless Objects' IAT). This IAT requires the ability to recognize White and Black faces, and images of weapons or harmless objects.	
Skin-tone IAT	<i>Skin-tone</i> ('Light Skin - Dark Skin' IAT). This IAT requires the ability to recognize light and dark-skinned faces. It often reveals an automatic preference for light-skin relative to dark-skin.	
Gender-Science IAT	<i>Gender - Science</i> . This IAT often reveals a relative link between liberal arts and females and between science and males	



Types of biases

#### **Attribution bias**

Success is attributed to...

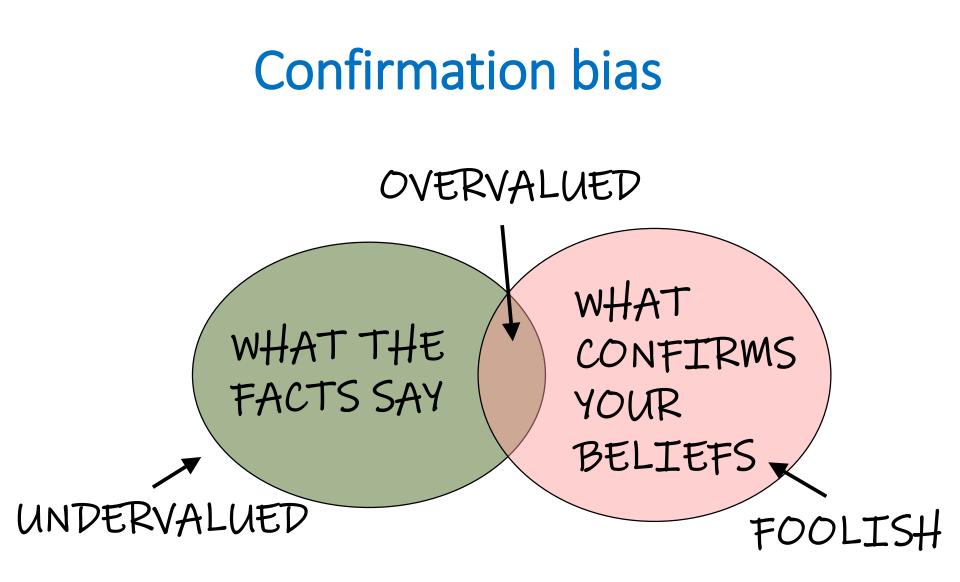


«He is capable»

«She has a good team»

#### Example: In evaluation processes, the same background is interpreted differently

	Interpretation for woman	Interpretation for man
"Applicant is expert in one field"	She is limited.	He is profound.
"Applicant has experience in various fields"	She is shallow.	He is extensive.
"Applicant is successful"	She is ambitious.	He is excellent.
"Applicant publishes a lot with others"	She is dependent.	He has a strong network.
	,	om presentation by Anr Wahl (KHT Stockholm), SNSF conference 2016, Pern Kandola, 2014



Where do we see gender bias in Academia?

#### Classroom, lab, field:



#### **Perception/Evaluation**



Treatment



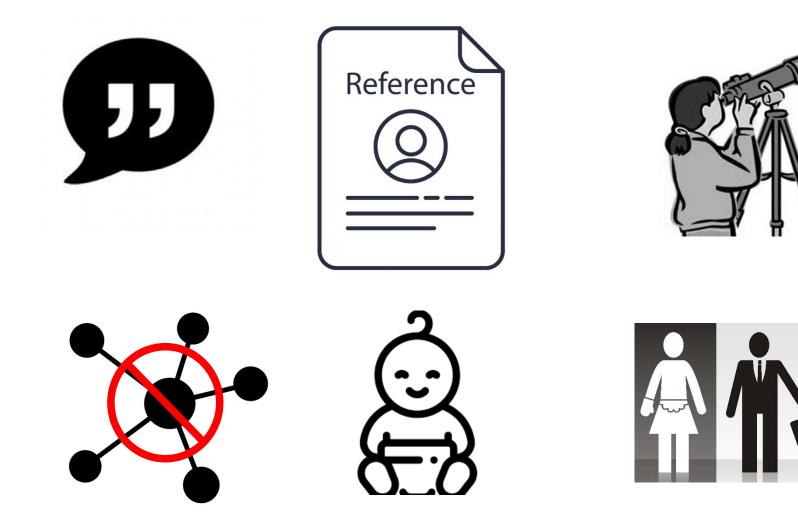
Grades

#### **Assessment procedures:**



From: ,Implicit bias in academia', LERU (League of European Research Universities), 2018

#### Other examples



#### Recommendations

Raise awareness/question stereotypes Change culture by university leadership De-bias wording in job advertisments **Briefing selection committees** Transparent selection processes (same criteria) Slow down decision making **External evaluators Bias observers** e.g. from: ,Implicit bias in

academia', LERU (League of European Research Universities), 2018

#### Include administrative staff in bias training

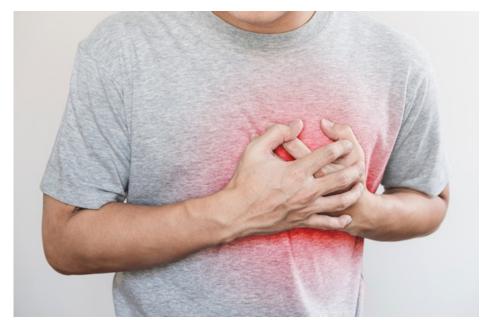
#### **AURA**

(The Association of Universities for Research in Astronomy, US mainly)

30 minutes talk about unconscious bias at the yearly meeting before every selection process Not just in Academia...

# Bias is built into our daily lives

What are the symptoms of a heart attack?







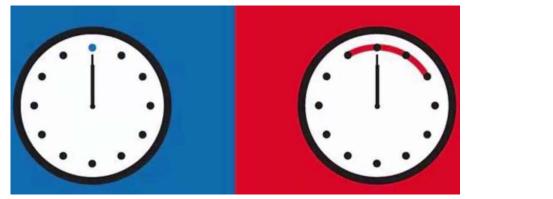
From: Invisible Women, Caroline Criado Perez **Cultural bias** 

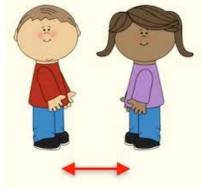
#### **Cultural bias**

"phenomenon of interpreting and judging phenomena by standards inherent to one's own culture"

### **Cultural differences**

#### different attitude towards time, space, others





different nonverbal communication



# Unconscious bias training







Berne Geneva

Zürich



90% Astrophysicists10% Geopyhsicists

#### Introduction of unconscious bias

# Talk by T. Brage, a Physicist showing proof of unconscious bias.

#### Newsletter with articles including EO

Discussions at diversity lunches

Internal articles to raise more awareness

#### What doesn't work in our group

Speaker not tailored to group needs Judging and accusing Too theoretical Lecturing

#### Effects of bias training

Allies Large awareness Sensitivity increased Insecurity (what is OK?) Denial ('we are objective') "It is evolutionary necessary"

#### Lessons learned

Repetition needed Tailored to audience Speaker respected in the field Ask for input! Get people on board! Include administration

### Survey at the NCCR **Planet**

Very short email Very short survey 1/3 of the group responded Hot topic Survey asks for advice: ,in your experience,...' A father and his son are involved in a horrific car crash and the man died at the scene. But when the child arrived at the hospital and was rushed into the operating theatre, the surgeon pulled away and said: "I can't operate on this boy, he's my son"

# Bias is also based on stereotypes

## **Always commercial**

### WHAT DOES IT MEAN TO DO SOMETHING "LIKE A GIRL"?

### run like a girl

## fight like a girl

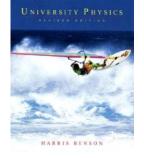






## **Generating Stereotypes**

23. What arrangement of mirrors would produce the multiple images of Ann Margaret shown in Fig. 35.51?



Benson



**FIGURE 35.51** 

From presentation ,What does gender have to do with Physics?' (T. Brage)

### Pictures of women



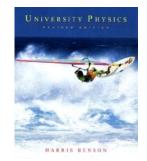
What do you notice about the front wheel?



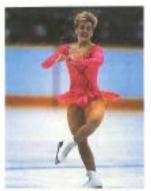
The net work done on the javelin is equal to the change in its kinetic energy.



During a grand jeté, a ballet dancer appears briefly to "float in air". However, the center of mass still follows a parabolic path.



### Benson



Elizabeth Manley controls her angular speed by varying her moment of inertila.

Taken from presentation ,What does gender have to do with Physics?' (T. Brage)

### Pictures of men













FIGURE 8.2 Gottfried W. Leibnitz (1646-1716).

FIGURE 9.1 René Descartes (1596-1650)

FIGURE 1.8 Johannes Kepler (1571-1630).

FIGURE 1.9 Galileo Galilei (1564-1642).

FIGURE 51 Sir Isaac Newton (1642-1727).



(b)



Although the mass of Edwin Aldrin, Jr., had not changed, kis weight on the moon was roughly one-sixth his weight on earth.

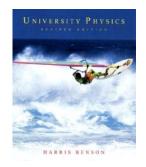


A weight fier does work to lift weights but not to hold them at rest.



The climber has done work to increase his potential energy.

From presentation ,What does gender have to do with Physics?' (T. Brage,)



### **Benson**

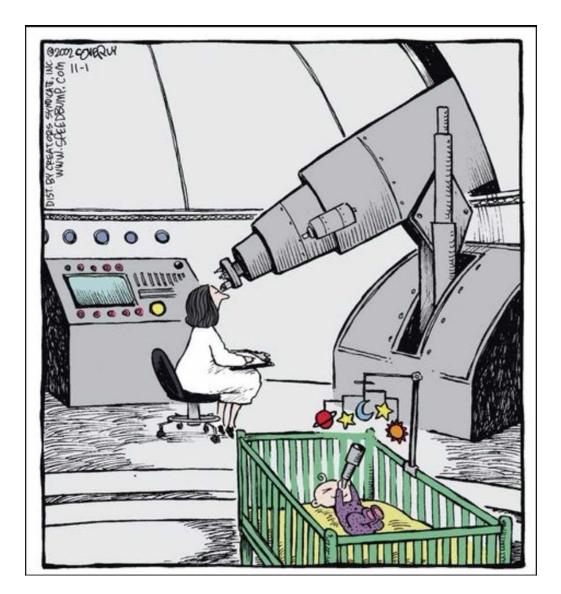
## Stereotyping starts early: Gendered marketing



**'100 things that a boy must know': how to fix a bike**, how to make magic ink, **how to whistle**.

'100 things that a girl must know': 100 tips around beauty, crafting and recipes....how to remove chewing gum from your hair, how to make your own bathing salts

## We can all be role models



## Group work

Scenario #1: Male doctoral student is introduced to international colleagues at conferences, while female doctoral student is not. Scenario #2: Recommendation letter: Are there differences? Is there bias? What are indicators of bias?

## Example: Avoiding gender bias in reference writing

### Avoiding gender bias in reference writing

Got a great student? Planning to write a super letter of reference? Don't fall into these common traps based on unconscious gender bias.

### Mention research & publications

Letters of reference for men are 4x more likely to mention publications and twice as likely to have multiple references to research. Make sure you put these critical accomplishments in every letter!

### Don't stop now!

On average, letters for men are 16% longer than letters for women and letters for women are 2.5x as likely to make a minimal assurance ('she can do the job') rather than a ringing endorsement ('she is the best for the job').

### Keep it professional

Letters of reference for women are 7x more likely to mention personal life - something that is almost always irrelevant for the application. Also make sure you use formal titles and surnames for both men and women.

### Stay away from stereotypes

Although they describe positive traits, adjectives like 'caring', 'compassionate', and 'helpful' are used more frequently in letters for women and can evoke gender stereotypes which can hurt a candidate. And be careful not to invoke these stereotypes directly ('she is not emotional').

From: Commission on the status of women, University of Arizona

### Emphasize accomplishments, not effort

Letters for reference for men are more likely to emphasize accomplishments ('his research', 'his skills', or 'his career') while letters for women are 50% more likely to include 'grindstone' adjectives that describe effort. 'Hardworking' associates with effort, but not ability.

### We all share bias

It is important to remember that unconscious gender bias isn't a male problem. Research shows that women are just as susceptible to these common pitfalls as men. This is a problem for all of us - let's solve it together!

brought to you by:



Research from Trix, F & Psenka, C. Exploring the color of glass: Letters of recommendation for female and male medical faculty. Discourse & Society, 2003; and Madera, JM, Hebl, MR, & Martin, RC. Gender and letters of Recommendation for Academia: Agentic and Communal Differences. Journal of Applied Psychology, 2009.

### Be careful raising doubt

We all want to write honest letters, but negative or irrelevant comments, such as 'challenging personality' or 'I have confidence that she will become better than average' are twice as common in letters for female applicants. Don't add doubt unless it is strictly necessary!

#### Adjectives to avoid: Adjectives to include:

caring compassionate hard-working conscientious dependable diligent dedicated tactful interpersonal warm helpful successful excellent accomplished outstanding skilled knowlegeable insightful resourceful confident ambitious independent intellectual

Follow us at: www.facebook.com/uacsw For an electronic copy of this graphic, see: www.csw.arizona.edu/LORbias

From: Commission on the status of women, University of Arizona

Scenario #3: During a meeting, the woman's voice or idea is ignored, later the male colleague's same idea is supported. What can she do?

## Discussion: group work

- Have you experienced bias towards yourself?
- Have you caught yourself being biased or stereotyping?
- During your career, do you think unconscious bias helped or hindered you?
- Are there stereotypes about the country you live in?